

AIR-FILLED PRODUCTS.

GENERAL GUIDANCE.

This guide aims to provide users with the information necessary to care for and maintain Escape Fitness' range of air-filled products.

This will ensure that your equipment performs as designed, and looks its best to enhance your facility. First, here are some general points about using your products and the warranty for them:

- Each Escape product is designed for a specific purpose and should only be used for that purpose, in areas designed or suitable for that product's use.
- All Escape Fitness products are warrantied to be free from defects in materials and workmanship and comply with all applicable statutory and regulatory requirements. This warranty extends to the original end-user and commences on the date of delivery. Full details of the warranty conditions and the duration of the warranty for each product can be found on our website at www.escapefitness.com/warranties-uk (non-USA) and www.escapefitness.com/warranties-us. (USA only)
- Products have variable lifespans, which will depend on the materials used in their manufacture and the level of usage. Products do wear out. This is normal and not a fault. An example of fair wear and tear would be scuffing or discoloration.
- A product is only considered to be faulty if, during normal usage, a significant change occurs in the product which means that it cannot be used as originally intended. An example of a failure would be a crack or break in a product.
- Products which are not stored, cared for or used as directed or in normal use conditions may fail. Failure in these circumstances is considered abuse and will be excluded from a warranty claim, even where the failure occurs during the stated warranty period.

ADVICE FOR SAFE USE OF YOUR EQUIPMENT.

BEFORE USE.

- Do ensure that users have been properly inducted at the facility, including in terms of equipment use, product training and health & safety.
- Do visually check products at least weekly and preferably daily, for signs of damage and to ensure that they are fit for purpose.
- Do check surfaces of your products to ensure that there are no cuts, nicks, abrasions or tears; these could lead to failure of the product. We recommend that you run your hands carefully over the surface to check for surface damage.
- Do not use products if they show any signs of damage. Remove the product from the area and consult the facility supervisor.
- Do check inflatable balls for correct inflation by using a tape measure around the circumference. The balls are printed with their diameter and an online conversion calculator can be used to calculate the circumference

 for example, a ball with a diameter of 65cm has a circumference of 204cm.
- Do check correct inflation of the Air Stability Disc by measuring diameter and thickness, using the dimensions featured on the Escape catalogue as your quide.*

DURING USE.

- Do ensure users have adequate space to use equipment unrestricted.
- Do encourage users to pause training if they feel they are losing their balance at any time.
- Do use on a stable and dry floor/surface and check that the area is clear of sharp objects that could damage or puncture the inflatable products.
- Do not wear clothing with sharp edges such as buckles, belts and clasps, and check soles of shoes for glass, stones, etc.
- Do not kick, bounce or hit inflatable products, or use them as trampolines.
- Do take account of the safe maximum user weight for each product, as specified on the Escape Fitness website.
- Do keep equipment dry during use by wiping with a towel if necessary.



CARE AND MAINTENANCE.

- Do clean products by wiping with a towel after use. Periodically wipe with a damp cloth dipped in water or a very mild soap/washing powder solution (5% maximum).
- Do wipe products with a dry cloth after cleaning and allow them to finish drying naturally: ensure they are completely dry before use.
- Do not use any strong detergent, acetone, bleach or solvent based cleaners on equipment as they may damage the material.
- Do not patch or repair burst or punctured balls.*

STORAGE.

- Do ensure products are dry before storing them, and store only in a dry and clean environment away from heat sources or direct sunlight.
- Do not store equipment in damp or humid environments such as swimming pools or spas.
- Do return equipment to storage racks specifically designed for the purpose after each and every use to help prolong their life and reduce tripping hazards in the exercise area.
- Do deflate products when necessary for long-term storage. When deflating products you may have to pull firmly to remove the plug: this will not harm the product.

WORKING OUT WITH YOUR EQUIPMENT.

Escape has created a number of resources that can help clubs, trainers and members to use Escape Fitness products safely, care for the products, and train more effectively.

The 'Escape Your Limits' App. Download our app for free and access an exercise library and workouts using some of Escape's best-selling products.





Workshops and courses for trainers. Escape offers a comprehensive suite of education solutions to help trainers become even more proficient in coaching around our products. Visit our website for more details on our product training workshops and instructor training courses.

Workout of the Week (WoW) videos. Visit the Escape blog and you'll find lots of WoW videos showing you how to perform all kinds of exercises and workouts.

The Escape Your Limits podcast. Join Matthew Januszek, co-founder of Escape Fitness, as he delves into the mindset of leadership and success. Visit www. escapefitness.com/podcast or search iTunes or your chosen podcast app for "Escape Your Limits".

escapefitness.com

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FOR FURTHER INFORMATION PLEASE VISIT.

www.escapefitness.com



