

Escape Fitness Ltd.

Overview

“Escape Fitness Ltd. is committed to promoting Sustainability. Concern for the environment and promoting a broader sustainability agenda, are integral to Escape Fitness Ltd. and its professional activities and is fully supported and encouraged by all Shareholders and Board Members.

We are constantly working towards making Sustainability, core to our entire Management system. It is involved with how we interact with the people and organisations we engage with, the world’s resources that we use to fulfil our business, and the waste we produce in so doing.

Our objective is to ensure that we deal with everyone, staff, suppliers, and clients fairly and honestly and that we consider their economic and social needs in our relationship with them. Additionally, we aim to minimise both our impact on the world’s resources and any harmful waste that we may produce.”

Our Aims to achieve this are:

Policy Statement

Firstly, we declare publicly our aspirations for sustainability in our Policy Statement which covers in more detail our position and plans and is endorsed by our Managing Director.

To ensure that we are doing as close to the right thing as possible we discuss the needs and wishes of our staff, clients, and suppliers before deciding what and how we will do things.

KPIs (Key Performance Indicators)

We have set targets relating to our Sustainability objectives in the three key areas:

- Environment
- Social
- Economic/Governance

One of our procurement objectives is to look where possible at products or services as locally as possible to reduce carbon footprint. This means that Escape Fitness is actively seeking to move to sourcing its products within the UK, or as close to the point of distribution, as opposed to the traditional sources of supply which are typically from the Far East.

Escape Fitness - Sustainable Development Policy

Escape Fitness are committed to improving and promoting good sustainability practices throughout our activities. All business decisions, including those relating to strategic development, will be taken with consideration given to balancing the economic needs of the Company with an enduring responsibility to the quality of the global environment and the social well being of all those with whom we engage.

Aims of the Policy

Escape Fitness will:

- Seek to follow and set best practice as standard.
- Seek to meet and surpass requirements of environmental legislation targets, at a global, national, regional, and local level.
- Build partnerships and projects with customers, suppliers, and other applicable parties where learning networks are established.
- Take account of the impact on future generations when making decisions.

Responsibility

The responsibility for this policy rest with all the Company`s Directors and its employees.

The Managing Director has overall responsibility for the implementation of such policies and the performance of the business in relation to performing to them, achieving set goals, and promoting continual improvement.

The Management Teams have a key role in understanding and leading this work and policies within the scope of their wider roles, accountabilities, and responsibilities.

Principles

The principles and objectives underlying this policy are:

Adding sustainability issues to the criteria for all business decisions.

Fully incorporating our staff in the drive for sustainable development.

Actively and regularly engaging with our stakeholders on sustainability issues to promote our policy and determine their sustainability concerns.

Allocating the required time and resources to achieving sustainable development.

Adherence to all regulatory or legal requirements relevant to our industry.

To operate a Quality Management System under the guidelines of ISO 9001.

Commitment to our own Ethical Code of practice and implementing the principals of the Ethical Trading Initiative Base Code (We are not current members of the ETI).

To develop sustainable procurement procedures within all element of the supply chain.

To encourage repair, reuse, and recycling ahead of the responsible disposal of surplus material and minimise waste generation.

To maximise the efficient use of renewable resources, encourage those parties within our supply chain to do so.

To take positive action in promoting continual improvement in sustainable development and targets.

To set and achieve clearly defined sustainable development objectives and targets.

To complete an annual review of this policy and any action plans.



Deliveries - Energy & Emissions:

Buy from suppliers as close to Escape Fitness as possible or seek to either manufacture products in-house or source products locally.

Maximise the efficiency of fuel used by our company vehicles.

Where possible, staff are to use Trains for transport to overseas destinations.

Sourcing - Responsible Purchasing:

Buy products from Factories approved under Ethical Audits.

To manufacture products with a design brief based on built in longevity rather than built in obsolescence.

To use materials that have been recycled or destined for landfill.

Eliminate the use of plastic in packaging where possible or move towards recyclable packaging.

Purchase the most energy efficient equipment and vehicles.

Ensure that timber packaging material (Pallets) and any other timber products, are recycled or from well-managed, sustainable sources and are Forest Stewardship Council (FSC) certified.

Choose to repair, reuse and repurposed options, rather than replace whenever possible.

Waste Management:

Minimise our waste of any resource, in particular energy, water, and food.

Recycle or dispose of responsibly any waste that we do create during business operation.





Packaging – re-usable or bio-degradable

Continual Improvement & Publication

Escape Fitness will review our sustainability objectives and achievements annually and report the findings to all key stakeholders.

Analysis and any target plans will be discussed and decided upon on a yearly basis, ensuring Escape Fitness Ltd remain focused on their goals.

Environmental Objectives & KPI's January 2024

Sustainable Issue	Objective	KPI	Target Improvement.	
Carbon Emissions – Fossil fuels	To minimise use of company vehicles on customer visits by use of trains or public transports.	KPI 1 - Results recorded on Travel Logs. Customer visits now being planned by region and travel where possible by train.	10% reduction over 12 months	
Carbon Footprint	To reduce our carbon footprint pro rata to order volume	KPI 2 - Measurement of orders placed within UK vs Far East	7.5% reduction over 12 months.	
Waste Reduction	To reduce water usage	KPI 3 - Measurement and recording of M ³ of water usage by Unit.	5% reduction over 12 months.	
Waste Reduction	To reduce electricity usage	KPI 3 - Measurement of kWh of electricity used per Unit	5% reduction over 12 months.	
Waste Reduction	To reduce and/or recycle packaging materials	KPI 4 - Reduction in packaging costs and recording of waste tonnage.	10% reduction over 12 months.	